



# Udayan



## FORTNIGHTLY BULLETIN OF THE ROTARY CLUB OF GAUHATI SOUTH (RI DIST 3240)

RI PRESIDENT Rtn Dr Francesco Arezzo	DISTRICT GOVERNOR Rtn Dr Kameswar Singh Elangbam	PRESIDENT Rtn Priyama Goswami	SECRETARY Rtn Dipanwita Ghosh
---	---	----------------------------------	----------------------------------

Volume : 72

Sl. No. 22

15th May 2026

Editor : Rtn Anurekha Barkakoti

### *From the Editor's Pen ...*



Change in leadership can be a very challenging proposition especially when a ruling party of three terms or more is suddenly toppled by a democratic mandate.

I am referring to the recent Assembly Elections which took all by surprise in some States of our nation. Journalists of print and media went into a frenzy covering the results which ensued, playing on human emotions and sentiments alike. Often inciting public opinion they fed on the mixed reactions of the electorate to vie for preference and popularity. However, the public is not to be taken lightly because it is an informed and intelligent lot especially the youth of today who look for changes for the better.

Time only will prove whether the mandate was right and that we as a nation will see a bright and prosperous future which fosters sustainable growth, employment for all and gender equality that shuns all social evils and speaks of its people as one united in peace and brotherhood.

## Service Above Self

**Service Above Self** is the principal motto of Rotary International, encapsulating the organization's guiding philosophy of unselfish volunteerism, ethical conduct, and humanitarian action.

### Key Highlights

**The Origin:** The phrase stems from an informal conversation in 1911 at a Rotary convention in Portland, Oregon, between Ben Collins, president of the Rotary Club of Minneapolis, and J.E. Pinkham of Seattle. Collins used the principle "Service, Not Self," which later evolved into "Service Above Self".

**Official Recognition:** It was formally approved as an official motto in 1950, and the 1989 Council on Legislation established it as Rotary's principal motto.

**The "Service Above Self" Award:** This is the highest honour Rotary International can bestow upon an individual member, recognizing those who demonstrate exemplary humanitarian service with an emphasis on personal volunteer efforts and active involvement.

**Secondary Motto:** Rotary's second motto is "One Profits Most Who Serves Best," which signifies the inherent, mutual rewards of selfless service to both the community and the individual.

(Source : RotaryInternational)

# Minutes of the 2390th Weekly Rotary Meeting

The 2390th Weekly Regular Meeting was held on 1st May 2026 at Hotel Rajdhani Regency. The meeting was called to order by President Rtn. Priyama Goswami at exactly 7:00 PM. Following the National Anthem, the President welcomed all the Rotarians present. Due to heavy rainfall, only a few members could attend the meeting. The President extended birthday greetings to Rtn. Dipanwita Ghosh and Rtn. Dr. R. N. Mazumder, and anniversary greetings to Rtn. Dr. Chandra Kr. Das and Anne Amrita Das, though they were unable to attend the meeting.

The President appealed to all members to come forward and contribute towards the PHF contribution of \$300. She also briefed the members on the Skill Development Programme held on 26th April at the College of Veterinary Science, the Candle Making & Wool Corset Knitting Training held on 29th and 30th

April at Apna Ghar, Guwahati (Intas Foundation), the HTFI Programme in collaboration with the Economics Department of Gauhati University, and the extension of the early bird date for the Manyata Rotary Service Awards scheduled on 5th September 2026 till 3rd May 2026. A briefing was also given on

Rtn. Minoti Barthakur's online awareness talk on cancer organized by REFW on 30th April 2026.

In the absence of the regular Secretary, Rtn. Gayatri Borthakur presented the meeting statistics. The attendance recorded was 10 Rotarians and 1 guest, making a total of 11 participants. The Sunshine Collection amounted to Rs. 990.

The meeting concluded with a Vote of Thanks proposed by President Rtn. Priyama Goswami, followed by the rendition of the *Jatiya Sangeet*. The President adjourned the meeting at 8:00 PM. Fellowship offered by the club was enjoyed by all present attendees



# Jewellery Making Workshop

On 7th May 2026, the Rotary Club of Gauhati South, in association with the Gauhati Commerce College NSS, successfully organized a Jewellery Making Workshop in the adopted village of the college at Kharguligaon, Chapaidang, Bonda. The workshop was conducted by resource person Mrs. Gopali Das, who provided practical training and guidance to the participants. Around 24 village women beneficiaries along with 22 NSS students actively participated in the programme. A few of the women participants also practiced jewellery making by themselves during the workshop, showing great enthusiasm and interest in learning the skill. The programme aimed at promoting vocational training, creativity, and self-employment opportunities among the local women.



# Minutes of the 2391st Weekly Rotary Meeting

The 2391st Weekly Rotary Meeting (WRM) was held on 8th May 2026 at Hotel Rajdhani Regency and commenced with a fellowship offered by Rtn. Bani Kanta Das, which was enjoyed by all present. The meeting was called to order at 6:30 PM by President Rtn. Priyama Goswami. The session began with the rendition of the National Anthem, followed by a warm welcome address by the President, who expressed gratitude to Rtn. Bani Kanta Das and Anne Rita Das for offering the fellowship and presented them with a token of appreciation.

Anniversary greetings were extended to Rtn. Satinder Anand and Anne Poonam. The President appealed to all members to come forward and contribute towards the PHF contribution of \$300. Rtn. Anjana Choudhury Saikia shared updates regarding the upcoming awareness programme on Gutka and Tobacco at Sonaram School. Rtn. Manju Rani Devi briefed the members on Rtn. Minoti Barthakur's online awareness talk on cancer organized by REFW on 30th April 2026.

The in-house speaker, Rtn. Balendra Kr. Das, delivered an insightful and engaging talk on "Humanism and Protest in Dr. Bhupen Hazarika's Songs" as a tribute to the legendary "Bard of Brahmaputra" during his birth centenary year (1926–2026).

In the absence of the regular Secretary, Rtn. Dipanwita Ghosh, the meeting statistics were presented by

Rtn. Ranjan Bhuyan. Attendance recorded was 38 Rotarians, 9 Annes, 3 Rotarylets, and 2 guests, making

a total of 51 participants. The Sunshine Collection amounted to Rs. 1110 in cash and Rs. 100 online, totaling Rs. 1210. The Vote of Thanks was proposed by IPP Rtn. Chandan Rajkhowa. President Rtn. Priyama Goswami formally adjourned the meeting at 7:40 PM, followed by the rendition of the *Jatiya Sangeet*.



# Crochet Making Workshop

On 11th May 2026, the Rotary Club of Gauhati South in collaboration with the Gauhati Commerce College NSS successfully conducted a Crochet Making Workshop in the adopted village of the college at Kharguligaon, Chapaidang, Bonda. The initiative was organised with the objective of enhancing vocational skills and encouraging self-reliance among women from the local community.

The workshop was guided by resource person Mrs. Daisy Kalita, who shared her expertise and provided

hands-on training on crochet techniques and the preparation of woollen crochet products. Her practical

demonstrations and interactive guidance helped the participants understand the process in a simple and effective manner.

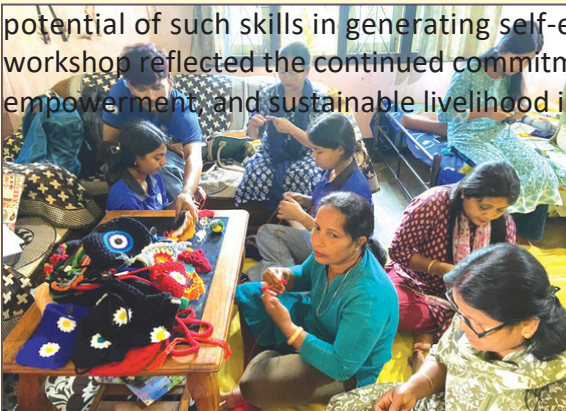
A total of 16 village women beneficiaries enthusiastically took part in the programme along with 12

NSS

students from Gauhati Commerce College. The active involvement of both the beneficiaries and students made the workshop engaging, informative, and impactful. Participants showed keen interest in learning the craft, and several of them practiced the techniques during the session itself.

The programme not only introduced the participants to creative crochet work but also highlighted the

potential of such skills in generating self-employment and small-scale income opportunities. The workshop reflected the continued commitment of the club towards community development, women empowerment, and sustainable livelihood initiatives through vocational training programmes.



# Minutes of the 2392nd Weekly Rotary Meeting

The 2392nd Weekly Regular Meeting commenced with delightful fellowship hosted by Rtn. Swapan Jyoti Sarma. The meeting was called to order at 6:30 PM by President Rtn. Priyama Goswami, followed by the rendition of the National Anthem.

The President warmly welcomed all members present. Tokens of Love and Appreciation were presented to Rtn. Swapan Jyoti Sarma and Anne Manisha Sarma for arranging the wonderful fellowship for the evening.

The President conveyed warm anniversary wishes to Rtn. Balendra Kumar Das & Anne Indrani Das and Rtn. Rabin Kumar Sharma & Anne Rina Sharma. She also briefed the members about the two highly successful Skill Development Programmes organized in association with Gauhati Commerce College NSS at the club's adopted villages — Kharguligaon, Chapaindang, and Bonda.

Rtn. Manjusri Baruah shared her experience along with Rtn. Anjana Choudhury Saikia regarding their recent participation in the District Learning Seminar held at Silchar. She also briefed the house about the

online awareness programme on Gutka and Tobacco conducted at Sonaram Higher Secondary School.

In-house Speaker Rtn. P. D. Choudhury, on behalf of the T8 Team comprising 8 members, delivered a highly interesting and informative talk on the topic "A Memorable Trip to Sundarban." Through his vivid narration and personal experiences, he beautifully highlighted the scenic beauty, rich biodiversity, and unique ecosystem of the Sundarbans. He also showcased a video captured by him featuring the magnificent Bengal Tiger, which greatly fascinated everyone present. His engaging storytelling kept the gathering deeply interested throughout the session and enabled all to virtually experience the adventure and charm of the world's largest mangrove forest. The presentation was highly informative, enjoyable, and appreciated by all.

The Secretarial Report was presented by Rtn. Dipanwita Ghosh. Attendance for the meeting was recorded as follows: Rotarians – 34, Annes – 5, Guests – 1, Rotarylet 2, making a total participation of 42. A Sunshine Collection Rs 150/- cash and Rs 100 on line total Rs. 250/- was recorded for the evening. The Vote of Thanks was proposed by Rtn. Jamuna Prasad Sarma. The meeting concluded with the rendition of *Jayatia Sangeet*, following which President Rtn. Priyama Goswami officially adjourned the meeting at 7:55 PM.



# Awareness Programme on Smoking

On the occasion of creating awareness among young students regarding the harmful effects of tobacco and cigarette consumption, an Awareness Programme on Smoking Smokeless Tobacco was organised at Higher Secondary School on 15th May 2026 by RCGS.

A total of 510 students from Classes VII , IX, X and XII actively participated in the programme with great enthusiasm and interest.

The programme was attended by President Rtn Priyama Goswami along with Rtn Manjusri Baruah and Rtn Anjana Choudhury Saikia. The Resource Person, Rtn Minoti Barthakur, delivered a highly informative and engaging talk on the harmful effects of cigarettes and tobacco consumption. She explained in detail how tobacco addiction negatively affects health, especially among the younger generation, and encouraged students to stay away from such harmful habits.

To make the session more interactive and to maintain the attention and concentration of the students, Rtn Minoti Barthakur shared two inspiring true motivational stories, which were appreciated and enjoyed by the students very much. The stories created a strong impact on the young minds and helped

them understand the importance of making healthy life choices.

Adding to the interactive nature of the programme, a student from Class X also came forward and shared a meaningful story related to the topic, which further motivated the participants.

At the end of the programme, all the students collectively took an oath that they would neither consume tobacco nor encourage any of their friends or others to use tobacco products. The programme

concluded successfully with a positive response from both the students and the school authorities



# El Niño & La Niña

El Niño is a natural climate phenomenon in which the surface waters of the central and eastern Pacific Ocean become unusually warm for several months. It is part of a larger cycle called the **El Niño–Southern Oscillation (ENSO)**.

## How it works

Normally, strong trade winds push warm ocean water westward toward Asia and Australia. During El Niño:

- w The trade winds weaken or reverse.
- w Warm water spreads eastward toward the Americas.
- w Ocean temperatures rise in the eastern Pacific.
- w Weather patterns around the world change.

## Main effects of El Niño

El Niño can influence weather globally, including:

- w **Heavier rainfall and floods** in parts of South America and sometimes the southern United States.
- w **Droughts and heatwaves** in countries such as India, Australia, and Indonesia.
- w **Weaker monsoons** in South Asia.
- w Changes in hurricane and cyclone activity.
- w Effects on fisheries because warmer water reduces nutrient-rich upwelling.

## Opposite phase: La Niña

The opposite phenomenon is La Niña, when Pacific Ocean waters become cooler than normal and trade winds strengthen.

## Simple analogy

Think of the Pacific Ocean as a giant bathtub:

- w Normal years: water is pushed toward one side.
- w El Niño years: the pushing weakens, and warm water spreads back across the tub.

## Typical frequency

El Niño events usually occur every **2–7 years** and can last from **9 months to 2 years**.

## Quick difference:

- w **El Niño** = unusually warm Pacific Ocean waters
- w **La Niña** = unusually cool Pacific Ocean waters

Both affect rainfall, temperature, storms, and monsoons around the world, including India.

---

## On a Lighter Vein !

### Why did the Rotarian bring a ladder to the meeting?

Because they heard the club was reaching new heights in service!

### How many Rotarians does it take to change a light bulb?

One to change it, and ten to organize a fundraiser for better lighting in the whole town.

### Why are Rotary meetings never boring?

Because every speaker says, "I'll keep it short," and everyone laughs immediately.